

Eifel Times

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News Briefs

Airman magazine searching for heroes

Heroes do not always wear tights and capes, some wear battle dress uniforms and flight suits. Do you know a hero? Send the story in 400 words or less, a snapshot of the hero in uniform and confirmation of the event or action to the 52nd Fighter Wing Public Affairs Office at 52fw.paoffice@spangdahlem.af.mil with the subject line "Airmen heroes," by Oct. 19.

COLA decreases

The Spangdahlem cost of overseas living allowance decreased due to the raising dollar value to the euro, effective Oct. 1. The decrease will be reflected in October mid-month payroll deposits. To view specific rate differences visit <https://secureapp2.hqda.pentagon.mil/perdiem/ocform.html>.

Commander's call

There will be several 52nd Fighter Wing commander's calls taking place Oct. 23 through 27 in the base theater. All members of the 52nd FW are required to attend one of the following briefings:

- ♦ Airmen: Oct. 24 at 7 a.m. and 5 p.m. and Oct. 27 at 10 a.m.
- ♦ Civilians: Oct. 23 at 3 p.m. and Oct. 27 at 2:30 a.m.
- ♦ Officers: Oct. 23 at 9 a.m. and Oct. 27 at 4 p.m.
- ♦ NCOs: Oct. 24 at 10 a.m. and Oct. 27 at 8 a.m.
- ♦ Senior NCOs: Oct. 23 at 1 p.m. and Oct. 25 at 5 p.m.

New plates

The 52nd Security Forces Squadron new German vehicle plates in long/long and long/short combinations in stock. The vehicle inspection center determines what type of plate is required for each vehicle prior to issue according to Appendix I of the USAREUR guide. Customers should be aware of what size plate their vehicle will accept before visiting the vehicle registration. Plates will not be issued in mass issued, they will be distributed based on attrition.

Quarterly award luncheon

The third quarter award luncheon takes place Oct. 24 at 11:30 a.m. in the Club Eifel Ballroom. Purchase tickets through unit first sergeants by Monday.

Welcome home event

Welcome deployed Sabers home Oct. 20 from 12:30-4 p.m. at the base pavilion.

Cutting in

Sabers look on as members of the Fire Departments showcase their hydraulic cutter.

Read, "Preparing to save lives," on Page 2



Photo by Nick Anderson

Barons race toward the finish

Bitburg High School ladies cross country runners push themselves toward the finish line Friday during their homecoming cross-country meet against the Kaiserslautern Raiders. The Lady Barons were defeated by the Raiders. For more information, read "BHS Barons celebrate homecoming," on Page 8.

Sabers hone deployment skills

Team Eifel undergoes Phase I, emergency management exercise

By Senior Master Sgt. Barry Nelson
52nd Fighter Wing Plans, Programs and Inspections

The 52nd Fighter Wing wrapped up Saber Crown 07-01 Oct. 5, a wing-level deployment exercise that highlighted and challenged Sabers on some of the critical skills they need to remain proficient at as they go about their daily missions.

This was the first exercise after the normally heavy permanent change of station moves that take place over the summer and was designed to "knock the rust off our mobility machine," said Maj. Ryan Nichols, 52nd Fighter Wing Plans, Programs and Inspections chief.

The scenario prompted the 52nd FW to respond to a deployment of mostly support personnel and their cargo to another location within the European Command area of operations.

To accomplish this scenario, the wing "deployed" approximately 100 people and about 60 tons of cargo to an air base in Turkey, said Airman Peyton Ferguson, 52nd Logistics Readiness Squadron Deployment Control Center logistics journeyman.

These types of exercises provide the cargo deployment function significant training opportunities, but this time the 52nd FW and the 726th Air Mobility Squadron teamed up

and demonstrated maximum cooperation and flexibility by sharing equipment and processing the last three chucks together.

"They offered up the use of their scales, one interior 60,000 pound aircraft loader parking bay and ramp space to assist us," said Senior Master Sergeant Thomas Walls, 52nd Logistics Readiness Squadron superintendent.

On top of the Phase I deployment, the wing also tackled an Emergency Management exercise planned and executed by the 52nd FW Exercise Evaluation team. Typically, emergency management scenarios include major accidents, incidents with weapons of mass destruction, natural disasters and other attacks. Scenarios are carefully developed to prepare Sabers to deal with emergencies before they end up in a real-life situation.

During the EM exercise, the teamwork, timing and resource management of the emergency response crews was superb, said Master Sgt. Marcus Thomas, 52nd FW Inspections Office NCOIC Emergency Management.

Responding to an emergency management exercise requires active and aggressive involvement by all members on scene and the training is relevant to real-world situations.

"The wing inspections office and the EET go to great lengths to offer a realistic training opportunity for our members," said Master Sgt. George King, 52nd FW Inspections Office NCOIC Phase I inspections. "People are only cheating themselves if they don't react with realism to the scenario."

The next exercise, scheduled for November, will focus on the employment of forces and will challenge Sabers on those tasks they could be called on to perform while downrange.

RESCON Watch

DELTA

4+ DUIs/ARIs in the Last 30 Days

Days since last DUI/ARI: 12

Rank of last DUI/ARI: airmen first class

Squadrons of last DUI/ARI:

52nd SFS and 52nd CES

307 Airmen's lives were saved by the Airmen Against Drunk Driving Program since

Jan. 1, 2006. When going out and your plan falls through call AADD for a ride, at 06565-61-2233.



Photos by Airman 1st Class Josie Kemp

(Above) Airman 1st Class John Taylor, uses a hydraulic cutter that is capable of 150,000 pounds of cutting force to remove the roof of a car as and Karsten Kurtze and Matthias Huewels assist. All fire fire fighters are assigned to 52nd Civil Engineer Squadron Fire Departments.

Preparing to save lives

By Staff Sgt. Tammie Moore
52nd Fighter Wing Public Affairs Office

Members of the Eifel Fire Departments took some time Saturday to showcase one of their life saving tools during Fire Prevention Week.

The hydraulic cutter may seem like just another noisy tool, but in reality this hand held machine is designed to save lives.

A tool capable of leveraging 150,000 pounds of cutting force, the hydraulic cutter enables fire fighters to extricate accident victims are trapped inside a vehicle.

"We remove the vehicle away from patient which is why they took off the roof (during this demonstration) to simulate that victims or patients are inside," said Airman 1st Class David Weber, 52nd Civil Engineer Squadron fire and emergency services. "After this procedure of cutting the A, B and C posts, they push the roof and bend it back to have access to the patients."

Other events the base fire department hosted through out the week included a parade, Sparky The Fire Dog and The Friendly Monster visits to base middle and elementary schools, the child development center and library, static displays and more.

(Left) Staff Sgt. Thomas Tormey, (in front) uses a hydraulic cutter to pry open a car door with the help of Karsten Kurtze. Both are assigned to 52nd Civil Engineer Squadron Fire Departments.

Steps to detect breast cancer, build awareness

By Staff Sgt. Christina Williamson Haupt
52nd Medical Support Squadron

October is National Breast Cancer Awareness Month. Breast cancer is the second leading cause of death in women. There is also, a one in eight chance that a woman will be diagnosed during her lifetime.

Screening mammography provides women with the best opportunity for early breast cancer detection.

There are several steps that are recommended to assist in early detection of breast cancer: performing monthly self breast exams, having a clinical breast exam accomplished by a qualified physician, and, beginning at age 40, having annual screening mammograms.

Worrisome physical signs include skin irritation or dimpling; nipple pain or inversion; redness or scaliness of the skin; nipple discharge; and new lumps found while doing exams.

The 52nd Medical Group recommends women contact their health care provider if they discover any of these physical findings.

In addition, the 52nd MDG has a self-referral program for patients who need a routine baseline or annual mammogram. Women must be at least 40 and currently not experiencing any breast problems. It must be at least a year since their most recent mammogram.

Women under age 40 or people with physical signs must be evaluated clinically by their primary care manager prior to having a mammogram.

The 52nd MDG Mammography Department is accredited by the Food and Drug Administration and the American College of Radiology. These recurrent inspections are mandatory certifications as stated by the Mammography Quality Standards Act which was implemented by Congress in 1992 to standardize care and ensure compliance with stringent requirements.

Early detection of breast cancer saves lives. For more information about breast cancer awareness and prevention, contact individual primary care monitors.



New Arrivals



Courtesy photo

Top Saber Performer

Name: Senior Airman Amanda Deitz
Unit: 701st Munitions Support Squadron
Duty title: Enlisted performance reports, officer performance reports and decorations monitor
Hometown: Enterprise, Ala.
Years in Service: Three and a half years
Nominee's contributions to 52nd Fighter Wing mission success: Airman Deitz earned a "pat on the back" from Headquarters U.S. Air Forces in Europe inspector general for her outstanding evaluations and decorations program.
Off-duty volunteerism and professional development pursuits: She is involved with promoting Belgian and American relations through Belgian and American Friendship Day.
What do you do for fun? Airman Deitz enjoys reading and traveling.
What do you like most about being stationed here? The thing I like the most about being stationed here is the location. It's a great place for traveling in Europe.
What's one thing you'd like to see changed or improved at Spangdahlem Air Base? I would like to see some American Restaurants come to Spangdahlem AB.

Wing lauds group award winners

Congratulations to the following Eifel Airmen who were selected as Spangdahlem Air Base quarterly award winners:

Airmen of the quarter

Senior Airmen Jonathan Goncalves, 726th Air Mobility Squadron; **Ryan Andress**, 52nd Communications Squadron; **Giselle Rieschik**, 52nd Medical Support Squadron; **Eydie Sakura**, 52nd Fighter Wing; **Rebecca Lund**, 52nd Component Maintenance Squadron; and **Nicholas Sanders**, 606th Air Control Squadron.

NCOs of the quarter

Technical Sergeants Anthony Cauthen, 726th AMS; **Gary Ranger**, 52nd Logistics Readiness Squadron; **Julie Frostick**, 52nd MDSS; **Matthew Johnston**, 52nd Equipment Maintenance Squadron; **Staff Sergeants** Brian Meeker, 52nd FW Judge Advocate; and **Stephen Burnett**, 606th ACS.

SNCOs of the quarter

Master Sergeants Gregory Todd, 726th AMS; **Jeff Dawson**, 52nd Communications Squadron; **Thomas Lloyd, Jr.**, 52nd Dental Squadron; **Marcus Thomas**, 52nd FW Plans and Inspections; **Patrick Sebay**, 52nd Aircraft Maintenance Squadron; and **Senior Master Sergeants** Stacey Tuckwell, 52nd Operations

Support Squadron.

CGO of the quarter

Captains Margaret Becker, 52nd Civil Engineer Squadron; **Michael Dailey**, 52nd DS; **Eric Schomburg**, 52nd FW Command Post; **Second Lieutenants** Bryce Bailey, 81st Fighter Squadron; and **Justin Hickey**, 52nd Maintenance Operations Squadron.

Junior-level civilian

Matthias Huewels, 52nd CES; **Sandra Rodriguez**, 52nd Aerospace Medicine Squadron; **Simeon Crosby**, 52nd Comptroller Squadron; **Angela Aponte**, 52nd CMS; and **Lia Gregory**, 52nd OSS.

Mid-level civilian

Nanea Gra, 52nd Services Squadron; **Pamela Salvio**, 52nd Medical Group; and **Melanie Gibson**, 52nd CPTS.

Senior-level civilian

Else Wingert, 52nd Mission Support Squadron, and **Derek Johnston**, 52nd CPTS.

Category II U.S. civilian of the quarter

Gloria Dameron, 726th AMS; and local national non-supervisory civilian of the quarter, **Thomas Pitsch**.

Celebrating 40 years at Spangdahlem



Photo by Airman 1st Class Josie Kemp

Erwin Trampert (center), Community Bank chief teller, shows off coins he received from Col. Darryl Roberson, 52nd Fighter Wing commander, and Shane Parkinson, Community Bank district manager, in celebration of his 40 year anniversary at Spangdahlem Air Base. Mr. Trampert, who was raised and currently resides in Speicher, began his career at Spangdahlem AB with Army Air Force Exchange Service where he worked for eight years. After accepting a teller position at Community Bank in 1974, Mr. Trampert continued to assist the AAFES accounting office until they could find a suitable replacement for him. Mr. Trampert is married to Conny, and he has two sons and a daughter.

October is National Disability Employee Month

Trivia question: Which Act says ... Title I, of this act, which took effect July 26, 1992, prohibits private employers, state and local government, employment agencies and labor unions from discriminating against qualified individuals with disabilities in job application procedures, hiring, firing, advancement, compensation, job training and other terms, conditions and privileges of employment?

The first person to e-mail the correct answer to Kimberly.Valenzuela@spangdahlem.af.mil receives a \$20 gift card from AAFES. The winner will be announced in the Oct. 20 Eifel Times.



Photo by Tech. Sgt. Pamela Anderson

Top Saber Team

Unit Name: 52nd Communications Squadron Ground Radar Systems

Unit Responsibility: Ground Radar Systems team provides emergency response within 30 minutes of equipment failures; isolates and repairs radar malfunctions, performs 2,800 preventive maintenance inspections per year; conducts organizational and intermediate level modifications; and trains on five Air Traffic Control and Landing Systems and a Doppler weather radar system. Team members ensure critical Air Force and FAA baseline parameters are met and evaluate equipment performance for ATCALS Facility Certification. Personnel manage, track and coordinate preventive maintenance inspections, maintenance actions, equipment inventories, training and supply acquisitions in the Integrated Maintenance Data System.

Number of Members: Nine military and one civilian

How does the team fit into the 52 FW mission? The team provides the 52nd Operations Support Squadron's air traffic controllers in the tower and ground controlled approach facility with radar images of all air traffic in Spangdahlem Air Base airspace. The information provides friend or foe identification, in-flight emergency data and aircraft position and altitude. The team is also responsible for providing a Doppler radar image of the local weather to 52nd OSS Weather and 21st Operational Weather Squadron, Sembach, Germany, for local and U.S. European Command weather forecasting.

Team's other contributions throughout the year: The team has recently upgraded the Tactical Weather Radar, replaced the Precision Approach Radar and installed two Uninterruptible Power Supplies protecting three critical radar systems. This upgrade, replacement and installation enhanced weather forecasting and will allow reliable air traffic control 24 hours a day, seven days a week, 365 days a year.

Dormitory manager openings

Staff Sergeants interested in a change from their current career field and want the opportunity to guide and mentor young Airmen may be interested in serving as a dormitory manager.

Dormitory managers must be highly motivated with the ability to work with little supervision. Managers maintain one or more multi-million dollar facilities making critical decisions to positively affect the quality of life of hundreds of Airmen on a daily basis.

Responsibilities of dormitory managers include the oversight of critical quality of life projects from cradle-to-grave, engagement with base enlisted and officer leadership, the planning and organization of day-to-day operations of the facility, budgeting, participation in the Quarters Improvement Committee and more. Managers are also responsible for motivating personnel to develop military attitudes and social skills for improving military life.

Applicants must obtain a letter of recommendation from their squadron commander properly routed through individual flights and units, a letter of recommendation from their first sergeant and copies of the last five enlisted performance reports. Formal applications for staff sergeants interested in serving as dormitory managers are being accepted through Oct. 27.

For more information, call 452-6692 or 452-6017.

AF uniform changes

WASHINGTON (AFPN) -- There will be noticeable changes with the Air Force uniform Oct. 1, Chief Master Sgt. of the Air Force Rodney J. McKinley said.

Three changes include doing away with enlisted shoulder board ranks and introducing a new physical training uniform and a new insignia.

The Air Force introduced shoulder board rank, originally called shoulder mark insignia, for senior NCOs in 1982. At the time, the Air Force said that was a way to bring added recognition to the top three enlisted ranks. Senior NCOs may now only wear shoulder boards on the blue sweater.

Chief McKinley said many senior enlisted leaders agree NCOs should wear chevrons.

"We are excited for our enlisted force to return to our heritage of wearing our stripes on our sleeves," the chief said. "Now every Airman should be

proud to wear their rank on their sleeve."

Airmen will now, also, have physical training gear to wear when taking part in group physical training events or annual fitness tests. The chief said Airmen must now have their gear ready.

"You should have a full compliment of PT gear," Chief McKinley said. "This uniform gives us distinction as Airmen as we increase our fitness and readiness."

The insignia change takes place Jan. 1. The U.S. insignia in a circle will be mandatory wear that day on the blue jacket enlisted members wear. The change reverts back to the traditional insignia -- with the circle -- Airmen wore from 1918 through the early 1990s.

(Editor's note: The new U.S. insignia is currently unavailable at the Spangdahlem Air Base clothing sales.)



U.S. Air Force photo

The Air Force enacted uniform changes Oct. 1, and all Airmen must now have their physical training uniforms -- like these on the rack at a military clothing sales store in order and ready for wear.

'Universal' ID card part of federal security updates

By Gerry J. Gilmore
American Forces Press Service

WASHINGTON -- New identification cards to be issued to Defense Department employees beginning next month will help standardize workforce identification and security access systems across the government, a senior Defense Department official said Sept. 15.

The new common access card eventually will be issued to all federal employees and is part of a standardized, secure credentialing system that was mandated after the Sept. 11, 2001, terrorist attacks, Mary Dixon, deputy director of the Defense Manpower Data Center in Arlington, Va., said during a joint interview with American Forces Press Service and the Pentagon Channel.

Starting Oct. 27, the new "super CAC" ID cards will be issued to employees over the next three years as the old cards reach their expiration dates, she said.

The new cards interface with a secure, encrypted credentialing database and are interoperable for personal identification as well as access to federal buildings and facilities, she said.

However, each facility will still determine who is authorized access, Dixon pointed out.

Information embedded on the cards is quickly referenced and compared to centrally stored personnel security clearance data, she said. "It is an effort to try to improve the security in the federal government. The new cards also help employees secure their computer networks, she said, as well as providing

improved security for federal buildings, military installations and campuses.

"So, I can use this card, not just in the Department of Defense, but it can be read in other agencies," Dixon said. "If they choose to give me access, they can then read my card."

The new card features the user's photograph, like other cards now in circulation, Dixon said. But its computer chip also will contain two encrypted fingerprints, as well as a unique personal identification number.

The new card can be read, either by swiping it or by waving it near a special card reader, she said.

Issuance of the new card has the potential of reducing the number of agency security badges, Dixon said, because federal agencies will refer to a standardized credentialing system. However, agency security administrators still have the authority to approve or deny access.

"The card, on its own, does not entitle you to any access to anything," Dixon explained. "It is an authentication token. Every time you use the card, it is authenticated, meaning somebody checks to make sure that that card is a 'good' card issued in the Department of Defense to you, and that it is still valid."

As always, employees who believe their government-issued ID card has been lost or stolen are required to notify security administrators, Dixon said, who then deactivate the card.

This ensures that cards reported stolen or missing can't be used in DoD, she said.

QAs serving as base's watchful eyes

By Mandy Zenhari
52nd Contracting Squadron

Spangdahlem Air Base currently holds 12 service contracts worth more than \$15 million that provide Team Eifel with benefits ranging from housing maintenance to custodial services.

With such a high dollar threshold, it is vital the government receives acceptable contractor performance.

The government needs individuals selected as quality assurance representatives to take their assigned roles seriously. Individuals are selected to serve as QAs based on their technical expertise in an area the contract is being performed. In fulfilling these duties, representatives ensure the government receives their money's worth. To do this the QA office charges representatives with being scrupulously fair and correct,

holding the highest public confidence and integrity, plus guarding against potential conflicts of interest.

One of the most important tasks for QA representatives is performance documentation. This includes the method of surveillance used, as well as the date, time and location. Upon completion of performance, representatives should ensure they sign the surveillance.

If the government causes unacceptable performance, take steps to prevent it in the future. If unacceptable performance is noticed that is not caused by the government, inform the contractor's on-site representative. If the contractor disputes the results of the surveillance, refer them to the contracting officer. Additional standards of conduct to consider include

assisting the CO as necessary, coordinating with other organizations and treating all contractors fairly and equally.

Representatives should take care when communicating with contractors. Only a warranted CO is authorized to obligate the government, so never agree to the expenditure of government funds. At no time should QA representatives provide information on pending contractual actions or show favoritism of any kind. Socialization with contractors should be limited to official events.

Individual roles as QAs is indispensable to the successful execution of contracts in support of the 52nd Fighter Wing.

For more information about QA duties and responsibilities, call 452-9526.

Air Force leaders to discuss new 'Cyber Command'

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON (AFPN) -- Air Force leaders are gathering in early November to discuss plans for creation of a new command, one chartered with flying and fighting in cyber space.

Cyberspace became an official Air Force domain, like air and space, on Dec. 7, 2005, when Secretary of the Air Force Michael W. Wynne and Chief of Staff of the Air Force Gen. T. Michael Moseley introduced a new mission statement.

In a letter to Airmen, they said the new mission was to "deliver sovereign options for the defense of the United States of America and its global interests -- to fly and fight in air, space and cyberspace."

Now, Air Force leaders are planning to stand up a new "cyber command," to be responsible for fighting in that domain, said General Moseley.

"To deliver the full spectrum of effects we will evolve a coherent enterprise, with warfighting ethos, ready to execute any mission in peace, crisis and war," the general said. "We will foster a force of 21st century warriors, capable of delivering the full spectrum of kinetic and non-kinetic, lethal and non-lethal effects across all three domains. This is why we are standing up an operational command for cyberspace, capable of functioning as a supported or supporting component of the joint force."

Air Force leaders begin planning for the new cyber command Nov. 16 at the Cyber Summit. During the summit, Air Force leaders will chart a way ahead for the Air Force's role in cyberspace, also called the cyber domain, said Dr. Lani Kass, director of the Air Force Cyberspace Task Force.

"The chief of staff of the Air Force is going to gather his senior officers and talk about the new domain, in which, according to our mission, we are going to fly and fight," she said. "Our objective is to come out with a course, a vector, that will set us up for transforming our Air Force, to get us ready for the fight of the 21st century."

According to Dr. Kass, cyberspace is neither a mission nor an operation. Instead, cyberspace is a strategic, operational and tactical warfighting domain -- a place in which the Air Force or other services can fight.

"The domain is defined by the electromagnetic spectrum," Dr. Kass said. "It's a domain just like air, space, land and sea. It is a domain in and through which we deliver effects -- fly and fight, attack and defend -- and conduct operations to obtain our national interests."

The cyber domain includes all the places an electron travels. The electron, which is part of the atom, can travel from one atom to the next. This concept is key to electronic communication and energy transmission.

An electron may travel from a cell phone to a cell tower, for instance. The path the electron takes, the shape of its path, the speed it travels, and the direction it travels are all critical to ensuring the cell phone works and that a usable signal is received. As part of a signal, an electron can travel from a handheld computer to a reception tower, over a wire to a telephone, to a television through an antenna, from a radio transmitter to radio, and from computer to computer as part of a network.

The electron can also travel, as part of energy transmission, from a microwave oven to popcorn seeds to make them pop, from generators over a wire to a light bulb, and from an X-ray machine through bone to a detection plate to make an image for a doctor to review.

The places where the electron travels is the cyber domain, or cyberspace. And the ability to deliver a full range of cyber effects -- to detect, deter, deceive, disrupt, defend, deny, and defeat any signal or electron transmission -- is the essence of fighting in cyberspace.

Mission First, People Always

Saying ‘thank you’ goes a long way

Leaders, supervisors should mentor their troops, build strong network of support

By Maj. Karen Bice
52nd Component Maintenance Squadron
interim commander

I’ve never been one to want to wait until the end of a story to find out its main point, so here it is up front: this article is about people. I have had the privilege of serving the last five months as the acting commander of the 52nd Component Maintenance Squadron while their commander was downrange. I will soon leave the squadron, and take with me with some great memories and significant accomplishments from my time with the Cobras. When I look back on my experience, it is not the accomplishments of the mission that come to mind, or even the multiple crises that were resolved, it is the people I worked next to that stands out: their personalities, their commitment to mission, their professionalism and their camaraderie. In fact, looking back on my previous assignments, it was not the jobs or the mission that made each so memorable, it was the people I worked with; the lessons we learned from each other is what made the assignment what it was. At each unit, I was mentored by people who made me the leader I am today. Whether we

“The best boss I ever had stopped by my office every night before he went home, and said, ‘Thanks for what you did today.’”

-- Maj. Karen Bice
52nd Component Maintenance Squadron

realize it or not, we mentor everyone we come in contact with by the actions we take, the things we say and the attitude we portray while tackling our daily jobs. When it comes down to it, we are the world’s greatest Air Force because of the people who are in it. As we decrease in size, our people will become even more valuable. That means everyone needs to perform to their peak performance and live up to the expectations our Air Force demands of us. With that in mind, let me ask you a few questions. What image do you portray and what do you give to the mission? Are you the one in your organization known for your positive attitude and the person people go to for advice and technical expertise? If not, why not? Don’t be the person young Airmen look at and say, “That is not who I want to be.” We are each motivated to be in the Air Force for different reasons. Find that reason and keep it on the forefront of your mind. You should come to work every day with a positive attitude and be motivated to tackle whatever the mission dictates. Whether you like it or not, people will learn from your attitude and your performance, so make sure they learn something positive from it. What have you done as a Wingman lately? If there is someone in unit who is not performing up to par, do you sit back and complain? Do you do nothing and avoid confrontation? Or do you help the person? We are ultimately responsible for our own actions. We are all in this war together and when it comes down to it, the people you work with are the ones who you will be fighting next to downrange. Who do you want to share your foxhole with? When was the last time you said, “Thank you?” The number one complaint I see on climate assessments is lack of recognition. Awards are a great way to recognize folks, but so is a simple, “Thanks.” The best boss I ever had

stopped by my office every night before he went home, and said, “Thanks for what you did today.” No matter how busy or stressed he was, he did this -- it was like clockwork and I actually looked forward to it. I never felt more appreciated, and many times, those few words were enough to motivate me to finish a long day strong, even if things went wrong. I would follow him anywhere. Thank you’s don’t end with your work center. When was the last time you thanked a security forces guard at the gate on a cold rainy morning (or weekend) or the fine folks from services who work to keep our facilities open during down days? The list goes on and on. People will move mountains if they know they are appreciated for what they do. The Air Force saying, “Mission First, People Always” rings true. We need to put the mission on the forefront of our minds, but the mission will never get accomplished if we don’t take care of our people. Be mentored by the great people around you, both above and below you in rank, and make sure that you are doing the job the Air Force expects of you. You owe it to yourself, your unit and the American people.

Nostalgia? Live in the now!

Saber shares memories with Grandfather

By Tech. Sgt. Ken Gentner
52nd Security Forces Squadron

Over the summer, I had a chance to visit with my grandfather in Indiana. As family chats go, we covered the basics: the weather, new happenings around town, his health, etc. Finally we compared notes on war; Grandpa is a Marine and veteran of World War II (I say, “is” rather than “was;” Marines are for life). He served in the South Pacific and fought the Japanese. While we talked, I could see a reminiscent spark in his eye. Orphaned at a young age, he is a man of few words and chooses to leave his words to interpretation. Unlike my younger, more naïve days, I’m older now and able to better understand his perspectives. Without saying it directly, I could see his time in service of our great nation was a “Golden Age” for him. It’s easy to relive the nostalgia from

your youth: decades ago, stylized radios in wood cabinets filled a room with radio dramas and Glenn Miller’s trombone; families piled into chrome-covered automobiles the size of small yachts for drives into the country; those legendary drive-in theaters -- once an icon of Route 66 -- are now standing silent in the night. Who could forget the smell of springtime and the feel of a leather ball glove in your hand? Time seemed so much simpler for you back then, didn’t it? If it rained six days a week when you were 10 years old, do you talk about the rain, or the day the sun shined brightly and you went out to play? The truth is there was never a simpler time in America; it just doesn’t exist. Movies cost a dime in 1947, but Polio ravaged the world. The Beatles played on Ed Sullivan while civil activists struggled for freedom and equality against centuries of violent prejudice. Then there is the age factor: When you’re 25, you miss your teens. When you’re 40, you miss your twenties. When you’re 70, you miss your thirties. When you’re 80, will you look back on your time in the military as the time you hated living in a tent in Iraq and complained about the size of the base exchange, or will you reflect on the friends you made, the work you accomplished and the freedom you ensured? I’m not talking to you -- I’m talking to the older you. You are now 80. You’re retired now; are you proud of the education you pursued, or do you lament opportunities lost? Do you remember traveling through Europe, or spending all your time in your dorm room because “there’s nothing to do?” The time you spend now is time you won’t get back. Yes, we live in a turbulent age, but you can’t let that break your stride. Get out. Enjoy life. Educate yourself. Leave your mark. This is your “Golden Age.”

Disabled Veterans: Dedicated, experienced employees for hire

By Steven Banneker Burden
Disabled Veteran International founder
(Editor’s note: This editorial was submitted by the 52nd Fighter Wing’s Disability Awareness Committee in honor of October’s National Disability Employee Month).

Being a disabled Veteran in these times requires a lot of patience -- having lost many jobs due to my disability. Many people do not understand what it’s like being disabled. You often hear that disabled Veterans cost more to employ than other prospective employee’s. In fact, you cannot find a more dedicated and experienced worker than a disabled Veteran who has staying power in the tight spots. Disabled Veterans are taking their lives back in their own hands with small business ventures and privately owned companies. My experience has been that we, as disabled Veterans, must be willing to take the risk in forming new ideas and companies, and live our dreams and fight for our programs with all of our energy. We must never give up or listen to skeptics and disbelieves. They only draw your strength out of you and your success.



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Col. Darryl Roberson

Accessing Direct Line
The Direct Line program is a way to get answers to questions you still have after using your chain of command. Direct Lines of general interest will be published in the Eifel Times and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via: ■ DirectLine@spangdahlem.af.mil ■ Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126 ■ To PA in building 23. ■ Concerns may also be sent via fax to 452-5254. Anonymous inputs are accepted. To receive a personal response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.

Sortie Scoreboard			
Aircraft	Goal	Flown	Delta
22FS	393	118	+9
23FS	408	97	-2
81FS	318	57	+2
*Delta is contract vs. sorties flown to date.			
Through Oct. 10			
Courtesy of the 52nd Operations Support Squadron Plans and Scheduling Section			

Editor's Note: Submit "Community" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil. Call the 52nd Fighter Wing Public Affairs Office Internal Information Section at 452-5244 for more information.

Family advocacy programs

For details on family advocacy programs, call Cecelia Diaz at 452-8279 or 06565-958279. The classes and programs below take place on Spangdahlem AB, building 161, third floor, unless specified otherwise.

- ♦ Passport to Parenthood takes place in November, all soon-to-be parents should reserve a seat in the class;

- ♦ Start Safe, Stay Safe is a workshop for parents aimed at child sexual abuse prevention; and

- ♦ Rationale for Support of Parents is a support group for parents of children with special needs.

Blood drive

The Armed Services Blood Program has a blood drive Oct. 20 from 9 a.m. to 2 p.m. at building 42. People who want to donate receive a free ticket to the upcoming base haunted house. For more information, call Tech. Sgt. Kambea Chan at 452-3460.

Fall Bazaar

The Fall Bazaar takes place in Hangars 1 and 2 Friday from noon to 7 p.m.; Saturday from 10 a.m. to 7 p.m.; and Sunday from 10 a.m. to 4 p.m. Stroller day is Friday only.

AFSA meeting

The next Air Force Sergeants Association meeting is Tuesday at 11:30 a.m. in the Brick House. Lunch is provided, however, people must R.S.V.P. to Staff Sgt. Aaron Dean at 452-6764. To learn about decisions Congress is making that affects the lives of military members and their families, visit the Intranet under WingSites/ProfOrgs/afsa/, or attend the next meeting.

Stamp collecting in the Eifel

October is National Stamp Collecting Month and USAFE post offices are giving away free commemorative stamp products. To view the stamps in the 2006 U.S. commemorative stamp program, visit www.usps.com/shop and click on "Release Schedule" in the Collector's Corner. Visit the post office for details.

BMS news

- ♦ The Parent Teacher Student

Building friendships

Michael Dietzsch, Host Nation Council president, presents Col. Darryl Roberson, 52nd Fighter Wing commander, with a check for the base for 3,000 euros.



Photo by Airman 1st Class Emily Moore

Association holds a book fair Monday and Wednesday from 8:10 a.m. to 3:15 p.m., and Tuesday from 7 a.m. to 6:30 p.m. in the PTSA room 511. The book fair is a good chance to view and purchase a wide selection of scholastic books. For details, call BMS at 452-9310.

- ♦ The PTSA's first general meeting takes place Thursday at 6 p.m.; Boo Grams sold at lunch Oct. 23-27; and Boo Grams delivered during seminar Oct. 30. For more information on PTSA, call Maria Correa at 06562-931732 or Mary Marchand at 06562-974257.

Haunted House

The 52nd CES, 52nd CS and 52nd MDG host their annual Haunted House Oct. 27-31 from 6 p.m. to midnight in the Bitburg Annex, buildings 2033 and 2032. A tour for children ages 10 and under takes place Oct. 31 from 4-6 p.m. where children can walk through the house with the lights on. The cost is \$5 per person and children 10 and under pay \$2.50. For details, call Master Sgt. Roy Stevens at 452-9433.

SMS news

- ♦ The Spangdahlem Middle School PTSA is planning a Halloween dance Oct. 27. People interested in donating Halloween decorations can drop them off to Becky Moore at Spangdahlem AB building 401, apt. C2. For details, call Ms. Moore at 06565-955853.

- ♦ Attend the principals chat today at the Eifel Mountain Golf Course from 9-10 a.m. For details, call Nicole Stubbs at 452-7205 or e-mail nicole.stubbs@eu.dodea.edu.

- ♦ Mentors needed for 45 minutes once or twice a week for BMS boys and girls from 1:15-2 p.m. Algebra tutors needed for 45 minutes once or twice a week from 1:15-2 p.m., 2:45-4 p.m. or one Saturday a month from 8 a.m. to noon. For more information, contact Elixabeth Childs at 0162-234-1840 or e-mail elizabeth.childs@eu.dodea.edu.

Girl Scouts news

For more event information, call USA Girl Scouts Overseas at 452-9190 or e-mail spangdahlemgirlscouts@hotmail.com.

- ♦ The Bitburg Girl Scouts hosts a crime scene investigation workshop Saturday from 1-4 p.m. in the Bitburg Annex building 2007. The workshop is free and open to sixth through 12th grade girls.

- ♦ The Girl Scouts is looking for a few good leaders.

College night

Bitburg High School students, ninth to 12th-grade, can attend College Night Thursday at Ramstein AB High School. College representatives and admission officers from dozens of public and private colleges and universities will be available for questions and answers. A bus departs BHS at 4 p.m. and returns around 10:30 p.m. There is room for 50 students on a first come, first serve basis. For details, call Jennifer Heinen at 452-9337.

Scrapbook, stamping party

A scrapbook and stamping get together takes place Saturday from 5-9 p.m. in building 49 in the welcome room on Spangdahlem AB. To R.S.V.P., contact Amanda Wayer at 06565-933087 or e-mail kawadw@yahoo.com.

Small dog play group

People interested in starting a small-dog play group should call Simone at 06574-900108. The yard is fenced and a field and wooded area is close by for off-leash time.

52nd CES meet, greet

The 52nd CES spouses host a meet and greet Oct. 21 from 2-3:30 p.m. at the Airman and Family Readiness Center. There will be door prizes and all 52nd CES spouses are welcome to attend the meeting. For details, call Cindy Threet at 06502-937-570 or 0175-603-4648.

Chapel Services

Spangdahlem AB

Catholic Mass

- ♦ Saturday, 5 p.m.
- ♦ Sunday, 8:30 a.m.
- ♦ Sunday, religious education, 9:45 a.m. (building 139)
- ♦ Monday - Thursday, 11:45 a.m.

Protestant

- ♦ Sunday, 10:30 a.m., traditional service
- ♦ Sunday, 1 p.m., Korean service
- ♦ Sunday, 5 p.m., Sunday Night Live service

Bitburg Annex

Catholic Mass

- ♦ Sunday, 11:30 a.m.
- ♦ Monday, 8:30 a.m.

Protestant

- ♦ Sunday, 8:15 a.m., Liturgical; 9:30 a.m., Contemporary; 1 p.m., Gospel Service

For more information about Jewish, Islamic, Rite of Christian Initiation for Adults or other faith needs, call the chapel at 452-6711/6281.

THE URBAN COMEDY TOUR

FEATURING 'ALMOST FAMOUS' STANDUP COMEDIANS

Nikki Carr

Drew Thomas

OCT 14

CLUB EIFEL BALLROOM

DOORS OPEN AT 8:30PM

ADVANCE TICKETS:

MEMBERS • \$15

NON MEMBERS • \$20

TICKETS AT THE DOOR

ONLY 150 AVAILABLE.

BUY YOUR TICKETS TODAY!

MEMBERS • \$20

NON MEMBERS • \$25

YOU'VE SEEN THEM ON

BET COMIC VIEW • HBO SNAPS

SHOWTIME AT THE APOLLO • COMEDY CENTRAL

LAFFAPALOOZA • DREW CAREY SHOW

Der Markt

Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to publicity@spangdahlem.af.mil or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The Eifel Times staff reserves the right to edit ads.

Movies

The following movie listings are for today through June 8. Times and movies are subject to change. For more information, call 06565-61-9441 or 452-9441. For movie synopses, visit www.aafes.com/ems/default.asp.

Spangdahlem Skyline

Today

◆ *Talladega Nights: The Ballad of Ricky Bobby* (PG-13, 7 p.m.)
Number one NASCAR driver Ricky Bobby stays atop the heap thanks to a pact with his best friend and teammate, Cal Naughton, Jr. But when a French Formula One driver, makes his way up the ladder, Ricky Bobby's talent and devotion are put to the test.

◆ *The Covenant* (PG-13, 9:30 p.m.)

Four young men who belong to a supernatural legacy are charged with stopping the evil force they released into the world years earlier. Another great force they must contend with is the jealousy and suspicion that threatens to tear them apart.

Saturday

◆ *Zoom* (PG, 7 p.m.)

Former superhero Jack is called back to work to transform an unlikely group of ragtag kids into superheroes at a private Academy.

◆ *Talladega Nights: The Ballad of Ricky Bobby* (9:30 p.m.)

Sunday

◆ *Barnyard* (PG, 4 p.m.)

When the farmer's away, all the animals play ... and sing, and dance. Eventually, though, someone has to step in and run things, a responsibility that ends up going to Otis, a carefree cow.

◆ *Zoom* (7 p.m.)

Monday

◆ *The Convent* (7 p.m.)

Tuesday

◆ *Talladega Nights: The Ballad of Ricky Bobby* (7 p.m.)

Wednesday and Thursday closed

Bitburg Castle

Today

◆ *The Ant Bully* (PG, 7 p.m.)

After Lucas Nickle floods an ant colony with his watergun, he's magically shrunk down to insect size and sentenced to hard labor in the ruins.

◆ *Idiocracy* (R, 9:30 p.m.)

Private Joe Bowers, the definition of "average American," is selected to be the guinea pig for a top-secret hibernation program. Forgotten, he awakes 500 years in the future. He discovers a society so incredibly dumbed-down that he's easily the most intelligent person alive.

Saturday

◆ *The Ant Bully* (PG, 7 p.m.)

◆ *Miami Vice* (R, 9:30 p.m.)

Based on the 1980's TV action/drama, this update focuses on vice detectives Crockett and Tubbs as their respective personal and professional lives become dangerously intertwined.

Sunday

◆ *Idiocracy* (4 p.m.)

◆ *Miami Vice* (7 p.m.)

Closed Monday and Tuesday

Wednesday

◆ *The Ant Bully* (7 p.m.)

Thursday

◆ *Miami Vice* (7 p.m.)



Sabers can savor the fruits of local vintners' 'winning'

Wine grape harvest soon ends, world-famous Rieslings begin

By Iris Reiff

52nd Fighter Wing Public Affairs Office

Festival season is almost over in Germany and wine festivals along the Middle Mosel have come to an end.

While the harvesting of the first crop, such as the Mueller-Thurgau and Elbling grapes has almost come to an end, the Kerner und Weißburgunder and Riesling are still harvested.

Spaetlese, Auslese and Kabinett wines become good with a riper grape. Hundreds of hard-working men and women from the Moselland area and elsewhere have been busy as ever harvesting what is known as the Moselland gold. Climbing up and down the steep hills they make sure they harvest all the grapes and don't miss out on any.

It looks like the quality of this year's wine will be good, comparable to the to the early fully ripe, high-quality grapes of 2003. This is due to the late frost in May and persistent rainfall though the end of August this year. But, according to wine experts, the quantity will be small.

Spangdahlem people live at the doorstep of a delightful wine region, where some of the finest white wines in the world originate. The wine growing area of this region covers more than 25,000 acres, 75 percent of which are covered with Riesling vines, the rest cultivated with Mueller-Thurgau, Elbling, and other varieties. The average annual yield is about 22 million gallons of wine.

Harvesting times

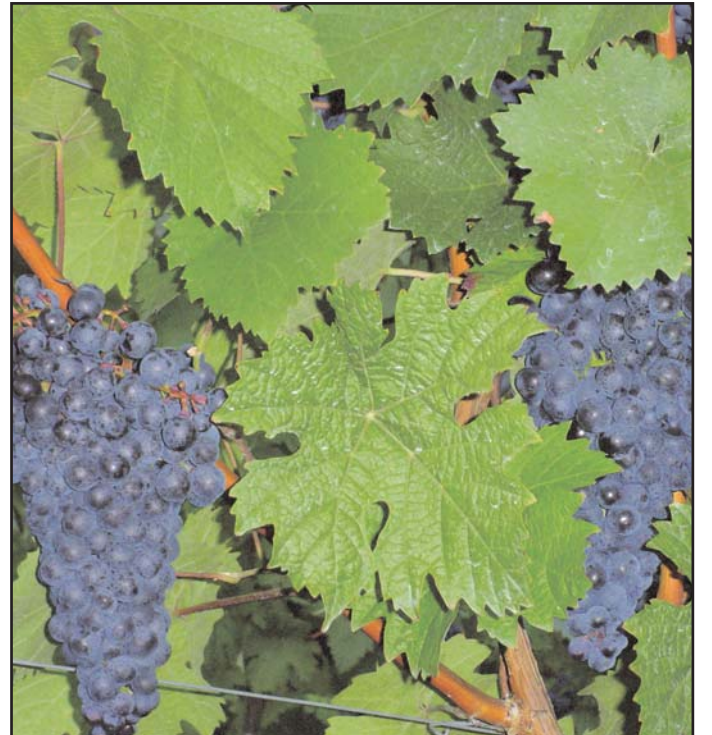
For the earlier grapes, such as the Mueller-Thurgau or Elbling, the Weinlese or grape harvest began in September and just ended. Grapes that need a little longer to ripen, such as those of the popular Riesling vines, are harvested from mid-October until mid-November.

Starting times for the harvest in a geographic area are always decided by the local government. Then it's up to a commission of wine growers within that area to determine individual harvesting times, which may vary from village to village.

Mosel wines

Mosel wines are characterized by their fine bouquets, golden color and typical aromatic, elegant, piquant taste. Some Mosel wines are robust and lively with high acidity; others are stimulating with a fruity taste, and there are also light wines.

Although Mosel wines have a common basic character, they differ from village to village, and vineyard to vineyard, depending on the soil. Famous names include Wehlen, Bernkastel, Uerzig, Zeltingen, Piesport, Graach and Trittenheim. Wines from the Saar and the Ruwer resemble those of the Mosel family.



Courtesy photo

What makes a good wine? Along with the soil, climate and landscape, harvesting practices for the grapes at various degrees of ripeness determine the character of the wine. Grapes, such as the ones shown in this photo, also need the right amount of sun and rain to ripen.

A distinctive product of this region is wine from the Riesling vine. The grapes of the Riesling vine stock are small and contain a large number of seeds. They need a longer time to ripen, are harvested in late October, November and even December, and do not produce as much juice as other types of grapes.

Riesling juice is very concentrated and produces a full and rich wine taste. Consequently, wines made from Riesling vines are more expensive.

Wines are divided into quality categories. They're continually controlled and must pass a critical examination before they can be sold. Since 1971, the label has indicated clearly the quality category. Denominations and their characteristics are: Kabinett table wine, Spaetlese mid-range, fine quality Auslese, the select Beerenauslese, precious Trockenbeerenauslese and Germany's most special Eiswein, which is made from grapes picked and pressed while frozen.

Out and About

(Editor's note: Events are subject to change.)

◆ Binsfeld Mayor Lothar Herres invites his American neighbors and their families to attend the annual Binsfeld Forest Walk **Sunday**. The walk starts at 9:30 a.m. by the Binsfeld Community Hall, which is located on Peter-von-Binsfeld Strasse (first turn to the left coming from Spangdahlem into Binsfeld).

◆ An October festival takes place **now through Oct. 21** at the Cloister Machern, located near the Mosel town of Zeltingen-Rachtig. For more information or to reserve a party group table, call 06532-951640.

◆ An Old School Halloween Party happens **Oct. 28** from 7 p.m. through 2 a.m. at Costa Marbella restaurant in Beilingen. This event does not require costumes, but they are encouraged. Tickets for dinner and dancing cost 10 euros, tickets for dancing only cost 5 euros. For more information or to purchase a ticket call Tech. Sgt. Charles Wudtee at 452-7165, Francisco Robinson-Brown at 452-2638 or Senior Master Sgt. Dwayne Metoyer at 456-5379.

◆ The European Military History Group

is planning a trip to the Huertgen Forest area **Nov. 10**. The group dedicated to the awareness and preservation of military history, will talk about and visit various locations which the U.S. Army's 28th Division fought at. The trip takes place the same dates the division fought there almost 62 years ago. Be prepared for hiking. The tour travels through a heavily wooded region along the western border of Germany, Holland and Belgium. The group will stop at several locations throughout the day where historic lessons about each point will be presented. For more information about the EMHG or this trip, call Heath Hielsberg at 452-2467.

◆ The Annual Foggy Fields Bazaar takes place **Nov. 17** from 9 a.m. to 6 p.m., **Nov. 18** from 10 a.m. to 5 p.m. and **Nov. 19** from 10 a.m. to 4 p.m. at Geilenkirchen NATO Air Base. The bazaar is open to all U.S. and NATO ID cardholders and their guests. Items for sale from around the world include Polish pottery, Turkish carpets, clocks, antiques, jewelry, tapestries and more. The bazaar is hosted by the American Women of Geilenkirchen and all

profits support programs in the military community.

Information, Tickets, and Travel offers the following trips. For more information, to make a reservation or check a price, call 452-6567, e-mail 52svs.itt@spangdahlem.af.mil or visit the ITT office at Spangdahlem Air Base in building 124.

◆ Indulge the child inside during the Disney Paris Express for Halloween trip **Oct. 20**, cost is \$119 for adults and \$109 for children 3-11.

◆ Enjoy the sites in Paris **Oct. 21** during the Paris Express, cost is \$115 for adults and \$100 for children 3-12.

◆ Tour the Black Forest, during the Black Forest Express **Oct. 21**, cost is \$64 for adults and \$58 for children 3-12.

◆ Dine like royalty at the Medieval Dinner at Cochem Castle **Oct. 28**, cost is \$77 per person.

◆ Celebrate Halloween at Frankenstein's Castle. An adults only Halloween party takes place **Oct. 28**, cost is \$60 per person. The whole family is welcome for a family Halloween party **Oct. 29**, cost is \$48 per person. Costumes are encouraged.



Photos by Nick Anderson

Kyle Wells, number 29, runs down the field with a football, as Alex Ragnoli, number 12, tries to provide him cover during the Barons homecoming football game.



(Above) Zack Heath, returns an opponent's volley during a singles tennis match, as part of the Bitburg High School homecoming games.

BHS Barons celebrate homecoming

Cross country

Bitburg High School's Ryan Pooock set the inaugural course record for the Bitburg-Motsch cross country course Saturday.

Pooock completed the 5K-course in 17 minutes, 27 seconds, nine seconds ahead of arch-nemesis, Tim Spicer, from Mannheim. Spicer had defeated Pooock on two previous occasions but Pooock was determined not to let it happen on his home turf.

As a team, the Barons placed second, with 41 points, behind Mannheim's 25 points, while Kaiserslautern took third with 55 points.

Other Barons completing the race were: Zeth McNeal, 20 minutes; Joey Denton, 20 minutes, 10 seconds; Jonathan Barber, 20 minutes, 15 seconds; Chad Denton, 23 minutes, 32 seconds; Jacob Luning, 23 minutes, 49 seconds; Chris King, 24 minutes, 12 seconds; and Zechariah McNeal, 26 minutes, 43 seconds.

In the lady's, the Baronesses, with 36 points, were defeated by a strong Kaiserslautern team, who came in with 20 points.

Colleen Smith, the champion, completed the course in 20 minutes, 8 seconds setting the course record for the girls. In addition, BHS' Sandra Davidson proved to be a contender finishing 15 seconds behind the runner-up with a time of 21 minutes, 2 seconds.

The remaining Baronesses and their times were: Rachel Pooock, 22 minutes, 9 seconds;

Ericha Griep, 23 minutes, 47 seconds; Erica Green, 23 minutes, 48 seconds; Erika Feldhausen, 24 minutes, 2 seconds; Brianna Checkley, 24 minutes, 2 seconds; Kara Elder, 28 minutes, 2 seconds; Rebekah Bartlett, 28 minutes, 35 seconds; and Kamaile Snyder, 35 minutes, 56 seconds.

Cross Country's next meet is at Geilenkirchen, Germany, hosted by Allied Forces Northern Europe. Teams participating include Brussels American School, International School of Brussels, St. Johns and Supreme Headquarters Allied Powers Europe.

(Editor's note: Information submitted by David Turner.)

Volleyball

The Bitburg Lady Barons Volleyball team hosted AFNORTH and Mannheim for their homecoming weekend in JV and Varsity action.

The varsity squad commanded the tournament with wins over both AFNORTH and Mannheim. In the early game against AFNORTH, the Barons took the match in four games, 25-8, 25-17, 20-25 and 25-14.

Nichole Griep set the pace for the team with 12 assists. Vanessa Lee was responsible for the majority of those kills, racking up nine for the match leaving her with a .3 hitting percentage. Ashlyn Marra, Ana Gutierrez and Kylee Ludwig made strong showings at the net. Serving was highlighted by the efforts of Senior Jamie Bolish who

also registered two assists and two digs. Amber Zgonina made three aces.

In a following match against Mannheim the Lady Barons ruled the court, never allowing their opponent more than nine points in a game. The match ended 25-6, 25-9 and 25-8 in the teams' second matchup of the season.

Serving was led by Courtney Roberson who rattled off 16 straight serves to close out the first game.

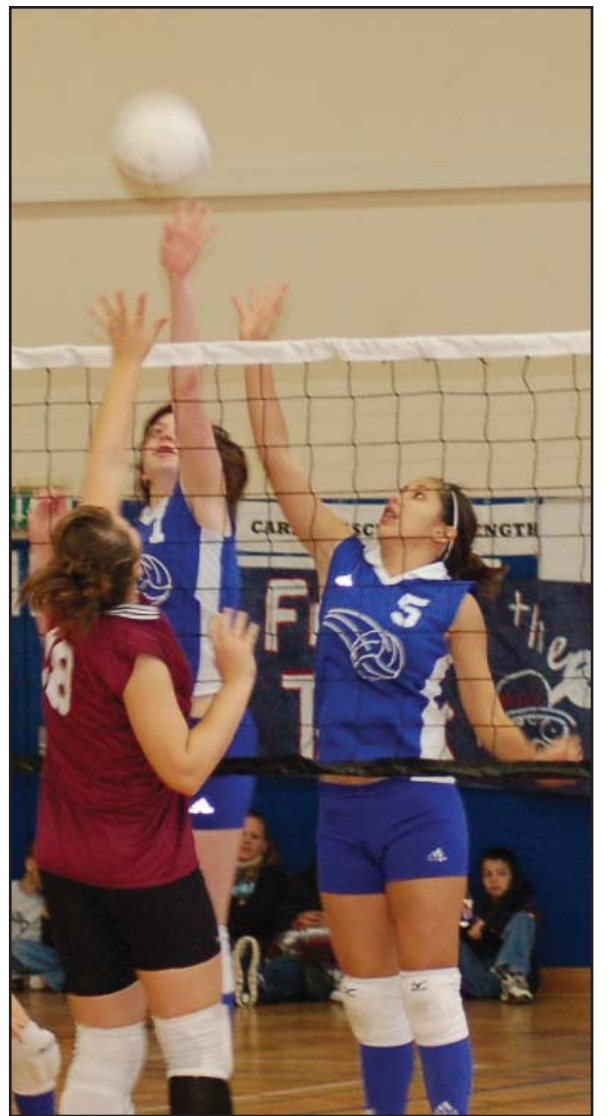
In the third game, Nichole Griep followed suit serving for 12 points including four aces and no errors. Emily Long stepped up with three assists, two kills and two aces. The varsity Lady Baron now stand with a 4-1 record for the season.

The junior varsity team faced off against AFNORTH in the French Caserne, where they were defeated in two games 15-25 and 22-25. Claire Shaw and Junior Brianne Wilson showed great serving ability during the game.

The second match against Mannheim was a hard fought battle. The team lost in three games 21-25, 25-17 and 20-22. A great individual effort was made by Laura Goynes.

The teams travel to Baumholder Saturday and Mannheim Oct. 21 before playing at home again Oct. 28 at 10 a.m. in the Spangdahlem Skelton Fitness Center.

(Editor's note: Information submitted by Stacey Schill.)



Courtney Roberson, number 7, knocks the ball over the net as Emily Long, number 5, provides her back up. The Varsity Lady Barons defeated Allied Forces Northern Europe and Mannheim during this homecoming tournament.

Sports Briefs

Congratulations AMXS

The 52nd Aircraft Maintenance Squadron is the 2006 Spangdahlem AB intramural flag football champion! It took two games to prove their mettle Oct. 4, but the AMXS team prevailed over the 702-SVS team from Buechel AB.

Bitburg youth hockey

Coach Chris Sandau, a semi-professional hockey player from Canada, offers a youth hockey clinic Tuesday and Thursday evenings at the

Bitburg ice rink. The clinic starts Tuesday and runs through April. Children from all levels are encouraged to learn new hockey skills, as well as improve their playing level. For more information, call Coach Sandau at +491-511-298-8261 or Lt. Col. Robert Schmitz at 0171-331-8683.

Fitness center hours change

The Skelton Memorial Fitness Center changes their hours of operation beginning Oct. 23. The fitness center will be open Mondays

through Fridays from 4 a.m. to 10 p.m., and weekends, holidays and down days from 7 a.m. to 6 p.m. For details, call the fitness center at 452-6634.

Halloween fun run

Join the fitness center for a scary 5K fun run Oct. 31 at 6 a.m., noon and 4 p.m. Runners can sign up at the time of the event and participants can walk or run. People are encouraged to bring the whole family and dress up in Halloween cos-

tumes. For more information, call the fitness center at 452-6634.

Cheer squad try outs

Sabers interested in trying out for the first-ever Spangdahlem AB cheer squad can try out Tuesday and Thursday from 6-8 p.m. at the fitness center aerobics room. The squad needs highly motivated, spirited people. For details, call Senior Airman Krystle Archer at 452-3310 or Shevon Sledge at 01515-736-494.